



March 24, 2020

Dear Residents and Families:

We currently have no cases of Covid-19 at Sherbrooke or Central Haven. However we do have some gastrointestinal issues in our building and so have isolated those areas as is our usual practice.

We continue to ask that you not visit at this time unless your loved one is palliative.

Today, we are taking another step to keep our Elders and staff safe. **We will be prohibiting smoking for all Elders starting Thursday, March 26, 2020 at 6:30 in the morning.**

This decision was made to prevent transmission of any infections and increase social distancing of residents from various neighborhoods. We are preventing Elders from leaving their neighbourhoods to travel through the building to exit the main entrance to smoke. Accommodating our Elders who smoke is an infection-control challenge and puts our entire community at risk. There are fewer than 15 elders of our 263 elders who smoke. Elders who need fresh air will have access to an outdoor controlled and smoke free area.

We are making this decision in order to keep our Elders healthy and safe, and we want to remind everyone that **smoking is not permitted in the building.**

This decision will be hard for our Elders who smoke. Our staff is ready to help them get through this challenging time. We will work with elders to access Nicotine gum, patches and/or medications to help alleviate an Elder's urge to smoke.

The health and wellbeing of our Elders is our top priority, and we thank you for your continued support and understanding.

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Please check our Facebook pages and our website for the latest updates.

Sincerely,

A handwritten signature in cursive script that reads "Suellen Beatty".

Suellen Beatty

CEO