



March 20, 2020

Dear Residents and Families:

We currently have no cases of COVID-19 at Sherbrooke.

We continue to ask that you not visit at this time unless your loved one is palliative.

Today, we are taking proactive and responsible steps to keep our Elders safe. Our province is now in a state of emergency and we need to be even more careful than those who live in the wider community because our Elders are at a higher risk.

We are restricting movement within the building as much as possible. That means that Elders will need to stay in their houses and neighbourhoods. This will be difficult for Elders but their safety is our top priority. Staff will restrict their work areas as much as possible.

We have closed the pool, the therapy gym, the art studio, the computer room, greenhouse, front lounge and all community spaces. Controlled visits have also been cancelled. The seating area of the cafeteria will be closed, but staff can come and purchase meals to take out.

We are also moving towards restrictions on the hours Elders are smoking as they are putting our community at risk as they are travelling from where they live throughout Sherbrooke to the front door. We have ordered Nicorette in the event that Elders would like to quit smoking. At some point, this may be their only option.

Sherbrooke will continue to follow the direction of the Ministry of Health and the Chief Medical Officer. We have followed all travel restrictions and the appropriate screening of staff. There is no one in Sherbrooke who has not been properly screened.

We are in this for the long haul and the next two weeks will be critical. The health and wellbeing of our Elders is our top priority, and we thank you for your support during this challenging time. We will continue to send you updates as soon as information becomes

available. We will continue to offer opportunities to connect with your loved one through Skype, Facebook video, WhatsApp and FaceTime at this time. Please check our website and Facebook pages for the latest information.

Sincerely,

A handwritten signature in black ink that reads "Suellen Beatty". The signature is written in a cursive style with a period at the end.

Suellen Beatty

CEO